

February 2016 North Texas Coaches Newsletter

In This Issue

[February 12 ICF-NT Luncheon](#)

[The Bigger Game Ad](#)

[Kismet Virtual Assistants Ad](#)

[ICF-NT Board Seeks Member for
Technology Role](#)

[Coach Academy Ad](#)

[President's Message](#)

[Envision Ad](#)

[February 11 ICF-NT Free Webinar](#)

[February 25 ICF-NT Rendezvous](#)

[PRISM Points!](#)

[ICF-NT Upcoming Programs](#)

[International Coaching Week](#)

[News from ICF Global](#)

[Upcoming Chapter Events](#)

February 12 Luncheon

Register at www.icf-nt.com
or click on Registration Button

**Register for the
February 12 Luncheon**

**Pay for this event online
when registering**

Meeting Details

Time: 11:15 AM to 1:15 PM

Location: Hackberry Creek
Country Club

Address: 1901 W. Royal Lane,
Irving, TX

Phone: 972.869.2631

Web: www.hackberrycreekcc.com

February 12 ICF North Texas Coaches Luncheon

February 12 ICF North Texas Luncheon Program

Coaching for Careers in Today's World

By Mina Brown and Telvin Jeffries

The world of careers has changed while you were sleeping: What do you need to know to help your clients navigate these choppy waters?

Join us at our February 12 luncheon to learn new perspectives around coaching your clients through the choppy waters of career enhancement, enrichment and progression. The dynamics of our world have changed so much in the last 10 years. Professional services have become narrowly specialized and highly fragmented and technology has interceded in new and impacting ways, creating a complex environment that is changing by the minute.

Mina Brown, MBA, PCC, BCC, is an experienced and insightful executive coach, career consultant, author, trainer, public speaker, and entrepreneur. As president of Positive Coach LLC, Mina offers individual and enterprise-wide executive coaching, and through Coach Academy International, she provides ICF and BCC accredited coach training. As a former senior operations executive and CFO, she offers the powerful combination of successful business leadership coupled with intuition, unflinching candor, and well-honed organizational skills. Mina is recognized for her focus on tangible business outcomes.



Telvin Jeffries is a Global Chief Human Resources Officer who has been driving organizational development and change for over 20 years. He has overseen leadership and development, talent acquisition, performance management, total rewards, and employee onboarding and exit strategy at the enterprise level for as many as 140,000 employees at 1,000+ locations. Telvin has served on numerous boards and served as Co-Chair of MiKE, an initiative of the Greater Milwaukee Committee, creating and supporting programming that fosters the development of an innovative workforce in the greater Milwaukee area.



Whether you are an Internal or External Coach and whether you specialize in Career Coaching or not, you will find value in this program. As coaches, we all deal with these complex issues with our clients.

Program Description:

Mina and Telvin will bring a fresh perspective to this changing world through discussion of:

- The **trends and massive changes** that have and continue to impact our clients—understand the new ethos of career navigation

Continued on Page 2 . . .

February 12 ICF-NT Luncheon (Continued)



Would you would like to...

- Move from stuck to bold action
- Discover your key purpose
- Clarify your vision
- Create an action plan & allies

The Bigger Game Experience, an intimate 2-day workshop, guides you to design who you want to become and the life and work you **want to have!**

15.25 CEUs

Facilitators: Certified Bigger Game Trainers Katherine Bock and Geri England work with clients to create breakthroughs in life, career and business.

April 2-3, 2016

Element Hotel Irving, TX

Price: Early bird \$595

After Mar 1: \$525

Register:

<http://careertalentcoaching.com/biggergame>

For more information: (214) 349-5401 or (214) 789-5910



**Experienced
Coaching Support**

Call (972-607-3692)

or email
info@

kismetvirtualassistants.com

**today for details on
how we can help you
achieve your Goals.**

Continued from Page 1 . . .

- The **employer's view** of managing the **talent pipeline**. What are your clients facing and how do you coach them?
- The **art of career advancement** inside a company—top things you must know to support your clients
- Becoming skilled at job change in a changing world. Coaching your clients in developing a **free agency mindset**
- Coaching the skills of **'money talk'** and **'graceful exits.'**
- Coaching the skills of **job acquisition** and insight into available **tools**—what is good and not so good
- How to use career coaching to **expand your business**

Objectives to Support and Enhance Your Client Coaching:

Create a fresh and updated view of the challenges your clients face in the changing world of career development.

- Understand the employer's perspective of managing the talent pipeline.
- Enhance your coaching dialogue.

Core Competencies Covered in this Program:

- Communicating Effectively through
 5. Active listening for the mindset shifts
 6. Enhancing your Powerful Questions
 7. Creating shifts through Direct Communication
- Facilitating Learning and Results
 8. Creating Awareness of the new world of career planning, advancement and development

ICF CCEUs for this Program: 1 Core Competency

Special Note:

Business Development Community of Practice Meeting

February 12

Starting at 1:15 PM

(directly following our luncheon speaker)

Let's get together for a short meeting and continue our great conversation around what you want for our new Business Development Community of Practice.

ICF-NT Seeks Board Member for "Technology" Role

Want to exercise your creative muscle? Have your journalistic skills never been fully appreciated?

The ICF-NT Board has a role for you! We're looking for someone to provide supervision on the website. You don't have to write code or understand pixels. (Although you do have to talk with the technicians who do those things.) Interested?

If so, contact Randy Fernandes at weallmakechoices@yahoo.com.

Would you like to have...

New Skills
Added Revenue
Expert Tools

Become a

**CERTIFIED
CAREER MANAGEMENT COACH**



24 hours CCEUs

Two back-to-back modules:

I. The Revolution in Career Planning and Job Search Process

II. Successful Career Tools: Hook, Line & Sinker

Introductory Pricing

One module \$495

Both modules \$795

April 7 - 9, 2016

Call for more information:
972-733-9963

CoachAcademyInternational.com

*Just a friendly reminder to
please complete the
payment for your monthly
meeting reservation
at the time you make
your reservation
in order to earn the
early registration price
and to be sure we've
ordered a meal for you.*

President's Message

Hi Coaches,

The month of January is behind us and it is time to put all our plans into action. It was great to hear the membership state our chapter's vision and mission out loud at the beginning of our January program.



Vision

ICF-NT will be known as the leading resource for the coaching community and the organizations and individuals it serves, providing:

- A collaborative network of credentialed coaches
- Continuing education
- Impactful contributions to the coaching profession

Mission

Grow and develop a competent coaching community that drives results for coaches and those they serve.

We move into February, which is the month we celebrate love and relationships. Coaching is all about love, the love of human growth. ICF coaches truly care about their clients. We love to see our clients set lofty goals to achieve their dreams and work to reach these goals. We love setting our own goals while working with our clients in order to achieve *our* dreams. We love change and all the progress that accompanies this.

Look for some subtle changes this year within the chapter. We hope you'll love how hard your board and fellow members are working to maximize your ICF North Texas experience.

One of my favorite quotes is from one of the winningest coaches in all of college football, Eddie Robinson:

"Coaching is a profession of love. You can't coach people unless you love them."

Its original context was around athletics and I think it applies here also.

Keep the love flowing and embrace life!

**Randy Fernandes, CPCC, ACC
ICF-NT Chapter President**

Be a Coach for HR Professionals in Transition

We are in our second year of partnership with DallasHR, the DFW chapter of SHRM, to provide pro bono coaching support to its members who are "in transition," (i.e., currently unemployed and searching for a new role). The demand for coaches in this program is starting to rise and we need more volunteer coaches.

The commitment is six hours of coaching over the course of three months, for an individual client. If you are interested, please contact Nihar Chhaya at nihar@partnerexec.com.



Envision

Business, Life, and Executive **Coach Training**

**Get World-Class
Coach Training from
Experts in the Field**

- ✓ Our Programs are ICF
Approved and Accredited
- ✓ All our Trainings are In-Person
and Highly Interactive
- ✓ We Have Decades of
Experience to Share With You

www.EnvisionCoachTraining.com



ICF-NT 2016 Board

President: [Randy Fernandes](#)

President-Elect: [Jude G Olson](#)

Secretary: [Catherine A Oleksiw](#)

Treasurer: [Mike Caracalas](#)

VP of Alliances:
[Stephen Coxsey, MA, PCC](#)

VP of Membership:
[Timothy S. Kincaid](#)

VP of Prism Program:
[Pamela Van Dyke, PhD, PCC](#)

VP of Programs: [Laurel A Rolls](#)

VP Public Relations: [Erika Horton](#)

VP of Technology:
[TBD](#)

Ambassador Coordinator:
[Alma Weaver Jones](#)

ICF Regional Liaison: [Sara C Smith](#)

February 11 ICF-NT (Free) Webinar

February 11 ICF North Texas (Free) Webinar

Meet Your Inside Team

By Cynthia Loy Darst, MCC

12:00 PM

We all know the frustration of trying to make a change in our lives, only to find our good intentions derailed along the way. While some obstacles may be external, most of what gets in the way comes from inside—from the differing positions and opinions of the “Players on your Inside Team.” By discovering who is on this team and how the game is played we can gain new awareness and return to conscious choice and aligned action.

Join **Cynthia Loy Darst** for a fun, playful and powerful taste of her work called The Inside Team. This exploration will be useful for both you and your clients!

Register for this *Free* Webinar [online](#) today!

February 25 ICF-NT Regional Rendezvous

February 25 ICF North Texas Regional Rendezvous

Thursday, February 25, 2016

5:30 – 8 PM

**Coffee House Café
6150 Frankford Road in Dallas**

*Rendezvous: This lovely French word means
“A place where many people go to spend time.”*

The regional rendezvous are evening networking opportunities at different locations throughout the Metroplex. Our first one this year will be on Thursday, February 25, at the Coffee House Café, 6150 Frankford Road in Dallas. Stop by between 5:30 and 8 PM for hors d'oeuvres and great company. You may order wine or beverages from the menu.

Please register online [here](#), so we know the attendance for catering.

TACT is Looking for Helpful People

Becoming part of TACT (The Ambassador Calling Team) is an easy way to learn about what is going on in our chapter and connect to our ICF-NT coaching community.

TACT is looking for volunteers to personally invite members to our chapter events. The monthly calls take about 30 minutes and talking points are provided.

Judy Clothier can tell you more about this and get you started. Reach Judy at: judympcou@sbcglobal.net.

**Welcome to Our
ICF North Texas
New Members**

Dec 19 – Jan 15

Patricia Alva-Green—Ft Worth, TX
Debra Austin—Plano, TX
Mitchael Hennessey, Burleson, TX
Eduardo Araujo Silva—Irving, TX

Member News

*Two of our members have
received PCC (Professional
Certified Coach) or ACC
(Associate Certified Coach)
credentials from ICF:*

**Steven Sosland, ACC
Bret Wells, PCC**

*Congratulations to
Steven and Bret!*

**Are you newly
Credentialed?**

Have you recently earned
an ICF Coaching Credential?

Your ICF-NT Chapter wants to
recognize your achievement.

Please email Timothy S. Kincaid
memberships@icf-nt.com)
so your professional
organization can recognize
your accomplishment.

PRISM Points!

PRISM Points!

Date: October 2016

Location: TBD

Building on the success of PRISM 2015, we are excited to announce that PRISM 2016 is scheduled for October 2016. As soon as we secure a venue we will let you know the exact date and more particulars.

What is PRISM? It is an all-day event that provides those interested in coaching the opportunity to:

1. Learn how organizations embed coaching into their culture
2. Network with other coaching professionals
3. Experience a ceremony that awards exemplary organizations who have successfully embedded coaching into their culture.

You won't want to miss this very affordable experience so make plans now to attend!

If you would like to know more about PRISM or be on the task force, please contact:

Pam Van Dyke / 817-726-9948 / pam@vandykeresourcegroup.com

ICF North Texas Coaches Upcoming Programs

Friday, March 18 ICF-NT Luncheon Program

**Are You Walking on Egg Shells with Your Clients?
How to Bring Intimacy, Vulnerability, and Courage to the Coaching
Relationship**

By Cynthia Loy Darst, MCC

This program is all about dealing with difficult clients.

1 Core Competency in process

Saturday, March 19 ICF-NT Power-Packed Workshop

9:30 AM – 5:30 PM

**The Top Traps of Experienced Coaches
(And How to Get Out Without Chewing Off Your Arm!)**

By Cynthia Loy Darst, MCC

*This workshop is a dynamic day of experiential fun and irreverent challenge,
guaranteed to arouse your creativity and get you painlessly out of your traps!*

6.5 Core Competencies



ICF Global News

Please click [here](#) to read the latest ICF Global News!



Leverage the ICF Brand

The ICF has invested in great marketing and brand work that is available for use by members. Check out what is available and proudly display your membership in the strongest coaching organization on the planet!



International Coaching Week

International Coaching Week

Every year in May, ICF Global plans International Coaching Week (ICW) as a weeklong celebration of the coaching profession. We incorporate our chapter focus on ICW into our May luncheon meeting to update members on opportunities for spreading the word about coaching and sharing the power of coaching with the community.

Building on the enthusiastic response that members had to the model Marcia Zidle designed for last year's program, we again want to offer ongoing pro bono coaching opportunities. To have a variety of volunteer options available, we would like to hear from you about organizations you are aware of that would be open to welcoming a coaching initiative.

Please be an ambassador for our chapter if you can. When you have an organization in mind and are able to be a connector for the chapter, please contact the board's new facilitator of Alliances, Steve Coxsey, at steve@stevecoxsey.com. Help us bring the transformational power of coaching to people who are serving our community.

News from ICF Global

New ICF Leadership Institute

There is a new ICF Leadership Institute that has been designed and implemented by the ICF Maryland chapter and is available to any current ICF member. The institute is four 90-minute webinars to help coaches expand their leadership on a broader stage. Sessions begin on January 15 and include:

Engaging and Inspiring People: (members, the public) i.e., influencing skills, facilitation techniques, establishing clear roles. (Presenter Damian Goldvarg, MCC, Global ICF President/Chair 2013-2014. Wednesday, February 10, 2016).

Leadership Presence: i.e., ethics, character, values, impact, managing self for transformation; thinking strategically: i.e., strategic planning, vision, creating outcomes. (Presenter Cheryl Vermey, PCC, Former Global ICF Board Vice President and Chair of High Performing Organization (HPO) Committee. Wednesday, March 9, 2016).

Fostering Collaboration and Managing Conflict: i.e., cultural competence, encouraging diverse teams, shared credit, and effective communication. (Presenter Ed Modell, PCC, ICF Global President 2011 and ICF Metro DC Chapter President 2005. Wednesday, April 13, 2016)

Enrollment is limited, so now is the time to consider it. Attendees can earn CCEUs. To learn more about this exciting offering and to sign up, follow this link:

<http://icf-md.com/meetinginfo.php?id=65&ts=1449256646>.

Communications About Coach Training Programs

Publicity for ICF-Approved Coach Training Programs

Periodically you receive emails about ICF-approved coach training programs.

Two email blasts a year are made available to ACTP or ACSTH programs recognized by the International Coach Federation. In addition, these programs must have at least one full member of the ICF North Texas chapter who is in a sales, administrative or faculty position.

This effort aligns with our chapter mission to *"Grow and develop a competent coaching community that drives results for individual coaches and those they serve."*

Any questions about this should be directed to the VP of Membership at memberships@icf-nt.com.

Update Your Member Profile on the ICF-NT Web Site

Update Your Member Profile Membership in ICF-NT Has its Benefits

The ICF-NT Board has responded to requests from our members for an enhanced "coach" search capability. The enhancement to the member Directory on the website is finished. When people look for a coach on the ICF-NT website, they can now search by key words as well as zip codes. Sounds good, doesn't it? The ICF-NT Member Directory has new and enhanced search capabilities. These "search" criteria are similar to global ICF member profile Directory data points.

It is up to you to *update your Profile*. Follow the instructions below or go to the website and download a copy of the instructions found in the "Members Only Section" and "Member Only Documents." Follow these instructions:

Step 1:

Login to the ICF-NT website. In the upper Right hand corner find "Profile." Click on Profile, which opens to a web page with five dialog boxes.

"Membership Summary" is the top box and it should reflect your current status. If you have a question about your membership, please contact Kathleen Klaviter: kathleen@klaviterconsulting.com.

Step 2:

Look at the "Website" box (right column, top box). Click on "Interests." Move your cursor down to "Interests" and update your information in the two boxes on this page.

In the first box, "Coaching Specialties," there are now seven *Coaching Specialties*. Check the boxes of the items that apply to you. The last choice under "Coaching Specialties" is *Available for Speaking or Training Engagements*. Check that box if it applies to you. In the second box, "Coaching Delivery," has four methods to choose. Check all that apply.

When you finish checking your boxes on this page, scroll down and hit the "Save" button. You should receive a confirmation notice that your changes were saved.

Step 3:

Look at the "Personal Info" box (left column, top box). Click on "Contact Info." You will want to update the information on this page. Scroll down and hit the "Save" button at the bottom of the page. You should receive a confirmation notice that your changes were saved.

When updating your contact info, "Website" means your personal website. Enter the full url: <http://www.etc>.

Step 4:

In the same "Personal Info" Box, move your cursor down to "Additional Membership Data" and click on it to update your information. Then scroll down and hit the "Save" button at the bottom of the page. You should receive a confirmation notice that your changes were saved.

Step 5:

In the same "Personal Info" Box, move your cursor down to "Membership Directory" and click on it to update your information. (See the Note on Membership Directory information below.) The information here is what shows on the website. Scroll down and hit the "Save" button at the bottom of the page. You should receive a confirmation box that your changes were saved.

Note on the Social Media sections of Membership Directory:

FB = Facebook. Only enter your name, not the full url.

LI = LinkedIn. Per ICF-NT, enter everything after the www.linkedin.com.

Twitter: This is your username—everything after the @ on Twitter.

NOTE: The "Membership Directory" information is now key word searchable. You will want to include important search terms in your directory information. One possibility is to include an extra paragraph at the bottom. Start with the phrase, "Keywords:" and then include the terms separate by a comma. For example: Keywords: Career coaching, young adults, entrepreneurs, solopreneurs, business plans, business designs, financial coaching, marketing.

Upcoming Chapter Meetings and Programs

YOUR COMPANY NAME



Advertise your services,
offer your books,
or tout your expertise to
ICF-North Texas members

Sign up now to advertise in both
our monthly newsletter and on
our web site for only:

\$100 quarterly for members and
\$150 quarterly for non-members

Discounts for submissions
extending beyond quarterly

- ✓ High Res (300 dpi) jpeg ad
- ✓ jpeg no wider than 250 pixels
- ✓ Ads are subject to approval
of ICF-NT's Board
- ✓ Artwork and content must be
approved and payment made
prior to placing ad

Contact Mike Caracalas today
(treasurer@icf-nt.com)
to have your ad posted

February 11	ICF-NT Noontime FREE Webinar. <i>Meet Your Inside Team</i> . Presented by Cynthia Loy Darst, MCC. Register for this Free Webinar online .
February 12	ICF-NT Luncheon Program at Hackberry Creek Country Club. <i>Coaching for Careers in Today's World</i> . Presented by Mina Brown, MBA, PCC, BCC and Telvin Jeffries.
February 25	ICF-NT Regional Rendezvous at the Coffee House Café at 6150 Frankford Road in Dallas. Stop by between 5:30 and 8:00 PM for hors d'oeuvres and great company. Register online here , so we know the attendance for catering.
March 18	ICF-NT Luncheon Program. <i>Are You Walking on Egg Shells with Your Clients? How to Bring Intimacy, Vulnerability, and Courage to the Coaching Relationship</i> . Presented by Cynthia Loy Darst. Location is TBD. More information will be forthcoming in the weeks ahead.
Saturday March 19	ICF-NT Full-Day Workshop. <i>The Top Traps of Experienced Coaches (and How to Get Out Without Chewing Off Your Arm!)</i> . Presented by Cynthia Loy Darst, MCC. Location is TBD. More information will be forthcoming in the weeks ahead.
Saturday April 9	ICF-NT Monthly Program from 10:00 AM to 4:00 PM at Wheel O' Life Equine Sanctuary. This program is in lieu of our regular Friday luncheon. This day will bring you a new perspective on how your energy impacts your clients' results.
May 13	ICF-NT Luncheon Program. <i>Coaching Week</i> . Stay tuned for additional details.

Tell Us About Your Coaching Success Stories!

We'd like to hear about your coaching success stories—the successes of your coaching business and especially your clients' successes. These are an integral part of our ICF North Texas Coaches story. Your experiences remind us of our mission to grow and support a professional coaching community that drives results for individual coaches and those they serve. And sharing your story could help others.

Please take a minute to tell us about a positive experience you've had as a Coach. All stories will be reviewed and documented, and with permission, we may share your story online or in one of our ICF-NT publications.

If you're willing to share your story, please contact PR@icf-nt.com.

Thanks!

International Coach Federation—North Texas Chapter

www.icf-nt.com

Follow us on:

