

### February 2017 Newsletter

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#### February 10 Luncheon

**Register** at [www.icf-nt.com](http://www.icf-nt.com)  
or click on Registration Button

*Register by February 6: \$30  
Register after February 6: \$40*

**[Register for the  
February 10 Luncheon](#)**

***Pay for this event online  
when registering***

#### Meeting Details

**Time:** 11:15 AM to 1:15 PM  
**Location:** Hackberry Creek  
Country Club  
**Address:** 1901 W. Royal Lane  
Irving, TX 76051  
**Website:** [www.hackberrycreekcc.com](http://www.hackberrycreekcc.com)

#### February 10 Luncheon Program

#### February 10 Luncheon Program

**Learn from the Masters!**  
**Experience Laser Coaching by Four of ICF-NT's MCCs**

**By ICF-NT Master Certified Coaches:**  
**Judy Feld, Jayne Gardner, Teresa Pool, and Sara Smith**

Our chapter has the honor of being home to over six Master Certified Coaches (MCCs).

The MCC credential indicates that the recipient has conducted over 2,500 hours of client coaching, has attained a high level of coach training, and has passed three rigorous examinations by the International Coach Federation. These people deserve to be called master!

#### Program Description:

On February 10 at our chapter meeting, you'll have an opportunity to either be coached by or observe two of the masters as they conduct a 15-minute laser-coaching session, followed by a 15-minute discussion of the questions used and the ICF competencies demonstrated by these coaches. You will receive a list of the core competencies in order to note how the master coach uses them during the laser-coaching you observe.

#### Program Outcomes:

You will come away with a renewed admiration for our profession and especially for these highly-accomplished masters, and will learn how to be a better coach. This provides a great opportunity to think about and tune up your use of the core competencies.

**CCEUs for this program:** 1 CCEU in Core Competencies

#### Meet Our Presenting MCCs:

The four MCCs who will join us in February are Sarah Smith, MCC; Jayne Gardner, PhD, MCC, LPC; Teresa Pool, MCC; and Judith F. Feld, BA, MS, MAS, MCC.



**Sara Smith**, ICF Master Certified Coach and CEO of Smith Leadership, is a business owner, coach, mentor of coaches, and leadership trainer. Over the past 16 years she has worked with global organizations and local teams to create coach-centered workplaces. And now she is expanding her practice to help athletic coaches create high performance teams through emotionally intelligent leadership and our kind of coaching. Sara has helped individuals and companies understand the power of transformational leadership. Her clients play bigger and thrive in today's world.

*Continued on Page 2 . . .*



*"...an incredible journey and transformation..."*

*"...truly transformational..."*

*"...an AMAZING program..."*

**LEARN MORE**



### Welcome to Our ICF North Texas New Members

**Dec 14 — Jan 20**

Genena Armstrong  
Annie Cadigan Dunlap  
Nancy DeStefano  
Cathy Gillespie  
Jaime Goff  
Anna Helmich-Zgoda  
Valerie McGilvra  
Beth Palinginis

## February 10 Luncheon Program (Continued)

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**Dr. Jayne Gardner** is an emerging New Thought Leader specializing in Spiritual Psychology. She is a Master Certified Coach and is the founder of The Divine Intelligence Institute™ (formerly The Gardner Institute) and author of *Divine Intelligence: A Scientific and Spiritual Process for Awakening the God Within* (© March 20, 2017/Mindset Press). Through her proprietary Divine Intelligence Process™ she helps individuals and groups accelerate their spiritual advancement. She also offers Spiritual Life Coach Certification™ (endorsed by the International Coach Federation).



**Teresa Pool**, is a Master Certified Coach and President of Transitions For Business. Ms. Pool coaches executive leaders and teams through challenging business situations. She also works closely with leaders to prepare for succession and thrive following a promotion. In addition to her global talent management practice, the University of Texas Executive MBA program employs Ms. Pool as a coach for high potential EMBA students; she is also a member of the teaching staff as an instructor, supervising coach and examiner for their Organizational Behavior and Executive Coaching program.



**Judy Feld** is an executive coach with a highly-regarded reputation worldwide. She is an ICF Master Certified Coach. She has been working with professionals since 1995 to support them in creating strategies to achieve their goals and maintain an optimal work/life balance. She coaches executives, entrepreneurs, managers, and business teams all over the world, with extensive experience in career, change, leadership and communications coaching for professionals at all levels and functional areas, including CEOs.

## Business Development COP—Take the Survey

The Business Development Community Of Practice is stepping back to reevaluate our audience and the chapter's appetite for this topic. Effective immediately, we will pause delivery of the monthly Business Development COP sessions.

We remain optimistic that there is an appetite for this topic, especially with newer coaches who are just building their practices. We know there's a pony in there, but we just haven't found it yet!

If you are interested in helping with the rebirth of this initiative, we invite you to give us your feedback in a short survey.  
<https://www.surveymonkey.com/r/GC62SDP>.

Based on what you tell us, the Board hopes to bring this program back in a form that meets your needs and creates a high-energy community that brings value to its members and a great way to connect with other coaches in our chapter.



Find Out Why  
the Most  
Successful  
Coaches  
Start at iPEC

LEARN MORE



### ICF North Texas Vision and Mission

#### Vision

ICF-NT will be known as the leading resource for the coaching community and the organizations and individuals it serves, providing:

- A collaborative network of credentialed coaches
- Continuing education
- Impactful contributions to the coaching profession

#### Mission

To grow and develop a competent coaching community that drives results for coaches and those they serve.

## President's Message

**February 2017 . . . Let's Get Connected**



**Show a little love** to your ICF-NT coaching community. Connect on Social Media, create conversations at Program meetings and contribute as a Volunteer!

Community is built on a feeling of fellowship with colleagues who share common interests and goals. Let's find ways to build our relationships more deeply with each other by finding ways to connect.



#### Connect with us on Social Media

1. Use your phone or pc to like the ICF-NT Facebook page.
2. Change your settings on Facebook so you will receive the ICF-NT Facebook first. Watch how to do it here: <https://www.youtube.com/watch?v=CIWHNpRF4M>.
3. Join the LinkedIn ICF-NT group.
4. Follow the ICF-NT twitter.



#### Create Conversations at our Chapter Meetings

Join us for *Learn from the Masters! Experience Laser Coaching by Four of ICF-NT's MCCs* on Friday, February 10. Be coached by and observe our very own masters as they conduct laser-coaching sessions, followed by discussion of the questions used and the ICF competencies demonstrated. Feel the mentoring around the table and reach out to a newcomer.



#### Contribute your time and talents as a Chapter Volunteer!

Instead of committee meetings, we're looking for volunteers to do specific tasks that 'fit' your schedule and leverage your talents and skills. Reach out to our new Board members leading Membership, Programs, Prism and Social Media (email them under 'Contact Us' on the website) or meet them at the Chapter meeting. Volunteering always 'gives back' while you give to others.

Connect with me, too, in February—or anytime—at [President@icf-nt.com](mailto:President@icf-nt.com).



**Jude Olson, PhD, ACC**  
**ICF-NT President**

*Just a friendly reminder to please complete the payment for your monthly meeting reservation at the time you make your reservation in order to earn the early registration price and to be sure we've ordered a meal for you.*

## ICF-NT 2017 Board

**President:** [Jude Olson](#)

**Treasurer:** [Mike Caracalas](#)

**Secretary:** [Tim Kincaid](#)

**Programs:** [Kristin Roberts](#)

**Membership:** [Tracy Cadorine](#)

**Social Media:** [Norma Martinez](#)

**Alliances:** [Steve Coxey](#)

**Prism:** [Christine Horstman](#)

**Technology:**  
[Neil Phillips \(Temporary\)](#)

**President-Elect:**  
[Catherine Oleksiw](#)

**Past President:**  
[Randy Fernandes](#)

## Are you newly Credentialed?

Have you recently earned an ICF Coaching Credential?

Your ICF-NT Chapter wants to recognize your achievement.

Please email Tracy Cadorine [memberships@icf-nt.com](mailto:memberships@icf-nt.com)) so your professional organization can recognize your accomplishment.



## ICF Global News

Please click [here](#) to read the latest ICF Global News!

## Join the Membership Committee

### Get Involved with Other Coaches! Join the Membership Committee



Join the Membership Committee for 2017 and play a vital role in guiding new members through making the most of their chapter experience in an Ambassador role. This role is a great way to stay informed about what is happening within the chapter and provides opportunity to network with other coaches.

Responsibilities include welcoming people at chapter events, strategy creation on engaging positive member experiences for the entire ICF North Texas community and partnering with new members to help them maximize value of their membership.

Both new members and tenured members of ICF North Texas would be ideal contributors to this committee. The minimum commitment is four hours per month. Maximum is variable based on your personal desire, but four hours would allow you to complete all necessary committee activities. Commitment is for one year. We hope you can be a part of this important role for ICF North Texas!

To self enroll on the committee, please click here: [Membership Committee Enrollment](#). Seven committee members are needed and slots will be filled on a first come, first served basis. If you have questions prior to committing, please contact the VP of Membership, Tracy Cadorine, at 469-406-6930 (phone or text). Thank you for your interest.

## ICF Global 2017 Membership Renewal Season

### ICF Global 2017 Membership Renewal Season Begins in February

In February, ICF Global launches our 2017 ICF Global Membership Renewal Season.

Renewing your membership benefits you by putting you in touch with cutting edge coaching research, lifelong learning, and opportunities for networking and community-building. And our North Texas chapter benefits financially from the number of our members joining global.

Early in February you will begin receiving communications that affirm the value and benefits of ICF membership and inviting current members to rejoin ICF for another year.



## Update Your Member Profile on the ICF-NT Web Site

### Update Your Member Profile

#### Membership in ICF-NT Has its Benefits

The ICF-NT Board has responded to requests from our members for an enhanced “coach” search capability. The enhancement to the member Directory on the website is finished. When people look for a coach on the ICF-NT website, they can now search by key words as well as zip codes. Sounds good, doesn’t it? The ICF-NT Member Directory has new and enhanced search capabilities. These “search” criteria are similar to global ICF member profile Directory data points.

It is up to you to *update your Profile*. Follow the instructions below or go to the website and download a copy of the instructions found in the “Members Only Section” and “Member Only Documents.” Follow these instructions:

#### Step 1:

Login to the ICF-NT website. In the upper Right hand corner find “Profile.” Click on Profile, which opens to a web page with five dialog boxes.

“Membership Summary” is the top box and it should reflect your current status. If you have a question about your membership, please contact Tracy Cadorine: [memberships@icf-nt.com](mailto:memberships@icf-nt.com).

#### Step 2:

Look at the “Website” box (right column, top box). Click on “Interests.” Move your cursor down to “Interests” and update your information in the two boxes on this page.

In the first box, “Coaching Specialties,” there are now seven *Coaching Specialties*. Check the boxes of the items that apply to you. The last choice under “Coaching Specialties” is *Available for Speaking or Training Engagements*. Check that box if it applies to you. In the second box, “Coaching Delivery,” has four methods to choose. Check all that apply.

When you finish checking your boxes on this page, scroll down and hit the “Save” button. You should receive a confirmation notice that your changes were saved.

#### Step 3:

Look at the “Personal Info” box (left column, top box). Click on “Contact Info.” You will want to update the information on this page. Scroll down and hit the “Save” button at the bottom of the page. You should receive a confirmation notice that your changes were saved.

When updating your contact info, “Website” means your personal website. Enter the full url: <http://www.etc>.

#### Step 4:

In the same “Personal Info” Box, move your cursor down to “Additional Membership Data” and click on it to update your information. Then scroll down and hit the “Save” button at the bottom of the page. You should receive a confirmation notice that your changes were saved

#### Step 5:

In the same “Personal Info” Box, move your cursor down to “Membership Directory” and click on it to update your information. (See the Note on Membership Directory information below.) The information here is what shows on the website. Scroll down and hit the “Save” button at the bottom of the page. You should receive a confirmation box that your changes were saved.

Note on the Social Media sections of Membership Directory:

FB = Facebook. Only enter your name, not the full url.

LI = LinkedIn. Per ICF-NT, enter everything after the [www.linkedin.com](http://www.linkedin.com).

Twitter: This is your username—everything after the @ on Twitter.

**NOTE:** The “Membership Directory” information is now key word searchable. You will want to include important search terms in your directory information. One possibility is to include an extra paragraph at the bottom. Start with the phrase, “Keywords:” and then include the terms separate by a comma. For example: Keywords: Career coaching, young adults, entrepreneurs, solopreneurs, business plans, business designs, financial coaching, marketing.

## Upcoming Chapter Meetings and Programs

### YOUR COMPANY NAME



Advertise your services,  
offer your books,  
or tout your expertise to  
ICF-North Texas members

Sign up now to advertise in both  
our monthly newsletter and on  
our web site for only:

\$100 quarterly for members and  
\$150 quarterly for non-members

Discounts for submissions  
extending beyond quarterly

- ✓ High Res (300 dpi) jpeg ad
- ✓ jpeg no wider than 250 pixels
- ✓ Ads are subject to approval  
of ICF-NT's Board
- ✓ Artwork and content must be  
approved and payment made  
prior to placing ad

Contact Mike Caracalas today  
([treasurer@icf-nt.com](mailto:treasurer@icf-nt.com))  
to have your ad posted

January 18— February 8	ICF-NT Snack Size Marketing Webinar Series. <i>4 Keys to Engage More Followers and Have More Fun with Social Media</i> . Four-part virtual series by Tanya Smith. At 6:00 PM on Wednesdays: January 18, January 25, February 1, and February 8.
February 10	ICF-NT Luncheon Program at Hackberry Creek Country Club. Learn from the Masters! Experience Laser Coaching by Five of ICF-NT/s MCCs. By ICF-NT MCCs: Judy Feld, Jayne Gardner, Teresa Pool, and Sara Smith.
March 10	ICF-NT Luncheon Program at Hackberry Creek Country Club. Information is forthcoming on the speaker and topic for March.
April 14	ICF-NT Luncheon Program at Hackberry Creek Country Club. Information is forthcoming on the speaker and topic for April.
May 12	ICF-NT Luncheon Program at Hackberry Creek Country Club. Information is forthcoming on the speaker and topic for May.

### Tell Us About Your Coaching Success Stories!

We'd like to hear about your coaching success stories—the successes of your coaching business and especially your clients' successes. These are an integral part of our ICF North Texas Coaches story. Your experiences remind us of our mission to grow and support a professional coaching community that drives results for individual coaches and those they serve. And sharing your story could help others.

Please take a minute to tell us about a positive experience you've had as a Coach. All stories will be reviewed and documented, and with permission, we may share your story online or in one of our ICF-NT publications.

If you're willing to share your story, please contact [PR@icf-nt.com](mailto:PR@icf-nt.com).

Thanks!

International Coach Federation—North Texas Chapter

[www.icf-nt.com](http://www.icf-nt.com)

Follow us on:

